



Carverss prepared this list with the most current ingredient information available from our food suppliers. Please be aware that during kitchen operations, shared preparation areas may occur, and the possibility exists for food items to come in contact with other food products. For Corn Allergies. We highly recommend those with food allergies consult a manager upon delivery of this list. We proudly offer 100% GF Grilled Items in a 100% MSG-Free and 100% Peanut-Free environment!

*						Bullhead mea	ns that ingredient	is present. Has alle	rgy! Don't consume	ı!				
						APPETI	IZERS							
Rev 5/3/2024	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA	VEGETABLE	OLIVE OIL	SOYBEAN	PALM OIL	SUNFLOWER
Cinnamon Glazed Bananas									~			-		
Bread	*		*	*					*	>		~		
Pao de Queijo - Cheese Bread			~	4			*		*			*	*	
French Fries	*							*	*	*		*	*	*
Coxinha	4		*			*	*	*	+	*				
Garlic Toast	4		*	*	4			*				*	*	
Yucca									*	*		*	-	
						GRILLED	ITEMS							
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA	VEGETABLE	OLIVE OIL	SOYBEAN	PALM OIL	SUNFLOWER
Beef, Rib-Eye														
Beef, Garlic					*	*			<b>→</b>		*			
Beef, Top Sirloin														
Beef, Tri-Tip														
Chicken, Hearts					-	+	<b>\</b>		4		4			
Beef, Flap														
Chicken, Sweet & Spicy			+		-	4		-						
Chicken, with Bacon														
Lamb					1				*		<b>\</b>			
Pineapple With Cinnamon														
Pork, Glazed Ham														
Pork, Sausage			*		*									
Beef, Parmesan			*		4	*			*		*			
BBQ Pork Ribs					*	*		*						
Shrimp					*						*			
Queijo Coalho Grilled Cheese			*											
Honey														
Beef, Whole Sirloin										_				

						SALAD BAI	R - COLD							
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA	VEGETABLE	OLIVE OIL	SOYBEAN	PALM OIL	SUNFLOWER
Alines Potato Salad				*				+	*		+	*		
Seafood Pasta Salad	4			*	*	*	4	+				*		
Caesar Salad			*											
Ceviche, Fish or Shrimp	Contai	ns shellfish and/or	fish oils		*	*			+		+			
Corn Salad					+	*		4	*		4			
Arugula & Feta Cheese			1											
Cucumber Salad														
Fresh Mozzarella Salad			*				х		-		4			
Fruit														
Hearts of Palm														
Marinated Quail Eggs				1		-			+		4			
Mixed Greens														
Beets Salad					*	>								
Quinoa Tabbouleh					*				+		1			
BLT			4	*				4				-		
Pickles					4									
Chicken Soup	*				*	+			*		*			
Kalamata Olive											-			
Tomate Balsamic						>								
Rebecca's Salpicao			4	*				+	*		*	*		

						SALAD BAR - I	DRESSINGS							
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA	VEGETABLE	OLIVE OIL	SOYBEAN	PALM OIL	SUNFLOWER
Dressing, Chimichurri Sauce					-	+			*		+			
Dressing, Italian				*		-		>				-		
Dressing, Ranch			*	*	*	*		+				-		
Dressing, Raspberry						-		>				-		
Dressing, Vinaigrette						*			*		*			
Aji pepper Sauce			*		*				*		+			
Roasted Garliz Aioli			*	*	*		>	+				+		
Dressing, Caesar	Contain	s fish oil	*	*	*		+	>				+		
Mint Jelly								>						
Roasted Garlic					*				4		4			
Tapenade					*				-		*			
Biquinho Pepper														
Mix Peppers														
Malagueta Pepper														
Pesto Sauce		*	*		*		>	>				-		
Olives											>			
						DESSE	RTS							
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA	VEGETABLE	OLIVE OIL	SOYBEAN	PALM OIL	SUNFLOWER
Carverss Gateau	*		*	*				+				*		
Cheesecake	-		*	*			*			*		*	*	
Merengue			*	*				+						
Pudim de Leite			*	*										
Rabanada	1		*	*				-	*			+		
Acai Bowl			4											

SALAD BAR - HOT														
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA	VEGETABLE	OLIVE OIL	SOYBEAN	PALM OIL	SUNFLOWER
Arroz - Brazilian Rice			*		*	<b>→</b>	*			>		*	*	
Farofa - Seasoned Yucca Root			*		4	*	*			*		*	*	
Feijoada - Black Bean Stew			*		*	4								
Pasta, Alfredo	*	*	*		*	-	*	*		*	*	*	*	
Pot Roast					*	*								
Lobster Bisque	She	llfish	-		*	4			*					
Pure de Batata - Whipped Potatoes			*				-			+		*	*	
						DRIN	IKS							
	GLUTEN	NUTS	DAIRY	EGG	GARLIC	ONIONS	SOY	CORN	CANOLA	VEGETABLE	OLIVE OIL	SOYBEAN	PALM OIL	SUNFLOWER
Coconut Juice			~											
Guaraná														
Carverss Limonada			1											
Fresh Limeade														
Pina Colada			>					*						